



# IST SUNDAY: "GOD SPEAKS THROUGH DREAMS"

Theme: "I Have a Dream"

**Focus:** Joseph (Genesis 41:15–16, 25–40), Daniel (Daniel 2:1–30), and Martin Luther King Jr.

# **Teacher Script and Expanded Instructions**

#### 1. Introduction (10 Minutes)

# Teacher Script:

"Good morning, dreamers! This month, we're talking about dreams—not the kind where you're flying or eating a giant cupcake, but the kind of dreams that come from God! Today, we'll meet Joseph and Daniel, two men from the Bible who trusted God to help them understand dreams. We'll also learn about Dr. Martin Luther King Jr., who had a dream that changed the world. Let's start with a prayer."

#### **Prayer**:

"Dear God, thank You for speaking to us in so many ways—through the Bible, prayer, and sometimes even dreams. Help us listen to You and trust You like Joseph and Daniel did. In Jesus' name, Amen."

# 2. Scripture Reading and Interactive Storytelling (25 Minutes)

**Setup**: Assign children roles to act out the story while the teacher narrates. Use props like a toy crown (for Pharaoh or Nebuchadnezzar), a robe for Joseph or Daniel, and simple paper props to represent food, dreams, or scrolls.



# Tagline:

Teach the children a phrase to say every time the names Joseph, Daniel, or Martin Luther King Jr. are mentioned:

For **Joseph**: "God gave him the answer!"

For **Daniel**: "He prayed, and God showed him the way!"

For Martin Luther King Jr.: "I have a dream!"

# Joseph's Story:

#### Teacher:

"Pharaoh, the ruler of Egypt, had a troubling dream. He saw seven fat cows and seven skinny cows. The skinny cows ate the fat cows, but they stayed skinny! (Pharaoh: Look confused!) None of Pharaoh's wise men could explain the dream. (Wise men shrug dramatically.) Then someone remembered Joseph, a man in prison who could interpret dreams. (Joseph: Look hopeful and point to the sky.)

Pharaoh said to Joseph..."

Pharaoh: "Can you tell me what my dream means?"

Joseph: "I can't, but God can! God is showing you what will happen." (Children say: "God gave him the answer!")

#### Teacher:

"Joseph explained that the dream meant Egypt would have seven good years with lots of food, followed by seven years of famine. He told Pharaoh to store food during the good years. Pharaoh was so impressed that he put Joseph in charge of the whole land of Egypt!"

#### Daniel's Story:

#### Teacher:

"King Nebuchadnezzar had a dream, too, and he wanted someone to tell him both the dream and its meaning. The wise men said, 'No one can do that!' (Wise men: Shake their heads.) But Daniel trusted God. He prayed for wisdom, and God showed him the dream. (Daniel: Kneel and pray.)

When Daniel explained the dream, the king said..."

King: "Surely your God is the greatest of all gods!"

# Teacher:

"Daniel's trust in God saved his life and helped the king learn about God's power. (Children say: 'He prayed, and God showed him the way!')"





# Dr. Martin Luther King Jr.:

#### Teacher:

"Thousands of years later, God gave another man a dream—not in his sleep, but in his heart. Dr. Martin Luther King Jr. dreamed of a world where people of every color could live together in peace. When he gave his famous speech, he said..."

Dr. King (child): "I have a dream!"

3. Object Lesson: "Uncovering the Mystery" (15 Minutes)

#### **Materials Needed:**

A large container filled with rice or sand. Small objects (coins, small toys, or stones).

#### **Demonstration:**

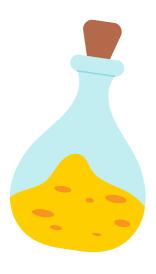
- 1. Hide objects in the container of sand or rice before class.
- 2. Let each child take turns searching for an object.
- 3. As each object is uncovered, say:

"Just like this object was hidden, God's plans for us can sometimes feel hidden. But Joseph and Daniel prayed, and God revealed what was hidden to them!"

# **Discussion Questions:**

"Why do you think Joseph and Daniel trusted God to help them?"

"What can we do when we don't understand God's plan for us?"







# 4. Song or Tagline (5 Minutes)

**Song Option**: "God Speaks Through Dreams" (to the tune of "The Wheels on the Bus")

#### Verse 1:

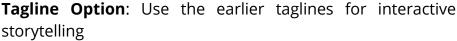
"God speaks through dreams to you and me, you and me, you and me! God speaks through dreams to you and me, just like Joseph!"

#### Verse 2:

"Daniel prayed and God made a way, made a way, made a way! Daniel prayed and God made a way to understand!"

#### Verse 3:

"Martin had a dream of peace, dream of peace, dream of peace! Martin had a dream of peace for everyone!"





5. Closing and Reflection (5 Minutes)

# **Teacher Script**:

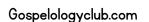
"Joseph, Daniel, and Dr. King all trusted God with their dreams. God has dreams for you, too— dreams to help you, bless you, and make a difference in the world. Let's pray and ask God to help us follow His plans."

#### Prayer:

"Dear God, thank You for the stories of Joseph, Daniel, and Dr. King. Help us to trust You and follow the dreams You give us. Amen."









# DREAM JOURNALS AND AFRICAN DREAMCATCHERS

Title: "Catch God's Dreams"

**Objective:** Create a Dream Journal and an African Dreamcatcher to connect with God's plans, celebrate Black History Month, and honor the dreams of our ancestors.

# **Teacher Script and Step-by-Step Instructions**

# 1. Introduction (10 Minutes)

# **Teacher Script:**

"Good morning, dreamers! Today, we're going to make something very special—two things, actually! We'll create a Dream Journal to write down our prayers, dreams, and ideas from God. Then, we'll make an African Dreamcatcher to remind us that God's good plans are always with us.

Dreamcatchers come from many cultures, and in African art, they're made with natural materials and designed to 'catch' good dreams while letting bad ones pass through. Our ancestors, like Harriet Tubman and Dr. Martin Luther King Jr., had dreams for us—dreams of freedom, equality, and love. Let's catch those dreams and honor them as we follow God's plans for our lives!"

#### **Prayer:**

"Dear God, thank You for giving us dreams and goals. Help us remember the dreams of those who came before us and trust You to guide our lives. Amen."





# 2. Brief Bible Discussion (10 Minutes)

# Scripture Focus:

Joel 2:28: "Your old men will dream dreams, your young men will see visions." Proverbs 16:3: "Commit to the Lord whatever you do, and He will establish your plans."

# **Teacher Script**:

"Joseph and Daniel trusted God with their dreams, and they followed His plans. In the same way, Dr. Martin Luther King Jr. dreamed of a better world. God gives us dreams, too, and He wants us to trust Him to help us achieve them."

#### **Historical Connection**:

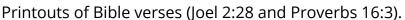
"Did you know George Washington Carver prayed and asked God to help him create inventions? He said God gave him ideas that helped people around the world. Just like him, we can trust God to guide us as we dream big."

# 3. Craft Activity (30 Minutes)

# Part 1: Dream Journal (15 Minutes)

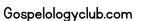
#### **Materials Needed:**

Small notebooks or folded paper for journals.
Stickers, markers, crayons, craft paper.











# Part 2: African Dreamcatcher (15 Minutes)

#### **Materials Needed:**

Circular frames (metal rings, embroidery hoops, or sturdy wire). Natural materials like twine, banana fiber, or yarn. Beads, feathers, and small decorative items. Scissors and glue.

#### Instructions:

#### 1. Create the Frame:

Provide each child with a circular frame.
Wrap the frame with twine or yarn to create a base.

#### 2. Weave the Web:

Show kids how to crisscross yarn or twine inside the circle to make a "web." Tie knots at key points to hold the web in place.

#### 3. Add Decorations:

String beads onto the web and attach feathers to the bottom. Encourage kids to use colors and patterns that reflect their dreams.

# 4. Explain the Symbolism:

"The web catches good dreams, while the holes let the bad dreams pass through. Let's use this to remember the dreams God has for us!"

#### Teacher Script During Crafting:

"Think about the dreams your ancestors had for you—dreams of love, freedom, and faith. As you make your dreamcatcher, ask God to help you follow the good dreams He puts in your heart."

# 4. Reflection and Closing (5 Minutes)

#### **Teacher Script**:

"You've made beautiful dream journals and dreamcatchers today! These remind us that God has big plans for us, and He wants us to catch His dreams. Like Joseph, Daniel, and Dr. King, we can trust God to guide us."







# **Discussion Questions:**

"What dream will you write in your journal tonight?"

"How can your dreamcatcher remind you of God's good plans?"

# Prayer:

"Dear God, thank You for dreams that inspire us and help us grow. Thank You for those who came before us and showed us how to follow Your plans. Help us catch Your dreams and live for You every day. Amen."

This expanded lesson ties the Dream Journal and African Dreamcatcher crafts into a meaningful celebration of faith, creativity, and Black history. It encourages children to reflect on God's plans while honoring the dreams of their ancestors.





# EXPANDED SCIENCE LESSON: DREAM BIG WITH STARS AND SCIENCE

**Title:** "Dream Big with Stars and Science"

**Objective:** Explore stars as symbols of guidance and hope, and celebrate the achievements of people of color who dreamed big and helped humanity reach the stars.

# **Teacher Script and Step-by-Step Instructions**

# 1. Introduction (10 Minutes)

#### **Materials Needed:**

A globe or map of the world. A small model or image of the solar system.



# **Teacher Script:**

"Hello, dreamers! Did you know that stars have always been symbols of hope and guidance? Harriet Tubman followed the North Star to freedom. The wise men followed a star to find Jesus. And even today, people dream of reaching for the stars—literally!

We're going to learn about stars and light, but first, let me tell you about some incredible people who dreamed big and reached the stars."





# 2. Inspirational Stories (10 Minutes)

# **Teacher Script**:

"Did you know that some amazing people of color helped us explore space and

understand our world better? Let me tell you about them!"

# 1. Guy Bluford:

"Guy Bluford was the first African American astronaut to go to space! As a child, he loved science and dreamed of flying. He worked hard, became an engineer, and eventually went on four space missions. He showed us that no dream is too big if we trust God and work hard!"



# 2. Gladys West:

"Gladys West dreamed big and became a mathematician. Her work helped create the GPS system that we use today to find directions and explore our world. Can you imagine dreaming up something that helps millions of people every day?"

# 3. The Women of Hidden Figures:

"Katherine Johnson, Dorothy Vaughan, and Mary Jackson were brilliant mathematicians and engineers who worked with NASA. They helped send astronauts to the moon and made space exploration possible! They faced challenges but believed in their dreams and changed history."

# Connection:

"Just like Joseph, Daniel, and Dr. King, these people dreamed big and trusted God to help them make a difference in the world. You can dream big, too!"





# 3. Science Demonstration (15 Minutes)

**Activity**: Create Constellations

# **Materials Needed:**

Flashlights (1 per child).

Aluminum foil (1 sheet per child, pre-cut to fit the flashlight).

Pushpins or pencils for punching holes.

A dark room or large box to simulate the night sky.

# **Teacher Script**:

"Stars shine in the darkness and guide us, just like dreams can guide us through tough times. Let's create our own constellations!"

# **Step-by-Step Instructions:**

# 1. Prepare the Foil:

Hand out aluminum foil to each child.

Show them how to fold it over the flashlight's opening.

# 2. Punch Constellation Patterns:

Use pushpins or pencils to punch holes in the foil to make a star pattern.

Encourage creativity or provide a simple constellation guide (e.g., the Big Dipper).

# 3. Light Up the Sky:

Dim the lights or use a large box as a dark space.

Have children shine their flashlights through the foil to project their constellations on the walls or ceiling.

# **Teaching Point:**

"Each star you made is like a dream. It lights up the darkness and guides us. Just like God's promises guide us, your dreams can light up your life and the world around you!"





# 4. Discussion and Connection (15 Minutes)

# **Teacher Script**:

"Now that we've made our constellations, let's talk about how dreams and stars are connected. Remember Harriet Tubman, who followed the North Star? Or the women of Hidden Figures, who dreamed of helping astronauts reach the moon?"

#### **Discussion Questions:**

- 1. "How do stars remind us of God's promises?"
- 2. "What dreams light up your life like stars?"
- 3. "What can you do today to follow the dreams God has given you?"

# 5. Closing Reflection and Prayer (10 Minutes)

#### Reflection:

"Today, we learned that stars are symbols of hope, guidance, and big dreams. People like Guy Bluford, Gladys West, and the women of Hidden Figures dreamed big and helped us reach the stars. God gives us dreams, too, and He wants us to trust Him to guide us."

#### **Prayer**:

"Dear God, thank You for the stars that light up our sky and the dreams that light up our lives. Thank You for inspiring people like Harriet Tubman, Guy Bluford, Gladys West, and Katherine Johnson to dream big and change the world. Help us follow Your guidance and trust You with our dreams. Amen."

#### **Takeaway Thought**

"Dream big, reach for the stars, and trust God to guide you—because no dream is too big for Him!"

This expanded lesson ties science, faith, and history together, inspiring children to see themselves as part of a legacy of dreamers who trust God and change the world.





# EXPANDED GAME AND BIBLE LESSON: DREAM BUILDERS

**Title:** "Dream Builders: From Pyramids to Skyscrapers"

**Objective:** Teach teamwork and faith in building a better future, inspired by African American leaders, ancient builders, and biblical principles.

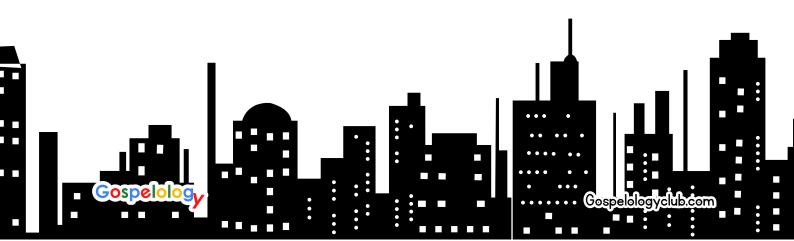
# **Teacher Script and Step-by-Step Instructions**

# 1. Introduction (10 Minutes)

# **Teacher Script:**

"Good morning, dreamers and builders! Today, we're going to talk about how teamwork and big dreams can create amazing things. Did you know that the Great Pyramids of Egypt, some of the most incredible structures in the world, were built by people with a vision?

And did you know that African American builders and developers like Paul R. Williams and Norma Merrick Sklarek helped create beautiful buildings and spaces in the U.S.? Just like Dr. Martin Luther King Jr. had a dream for equality, these builders and architects dreamed of creating things that would stand the test of time."





# **Highlight Builders:**

# 1. The Builders of the Pyramids:

"The pyramids are over 4,000 years old and were built with amazing precision and teamwork. Each stone was carefully placed, showing that big dreams require hard work and collaboration."

# 2. Paul R. Williams:

"Paul R. Williams was a famous African American architect who designed homes for Hollywood stars and beautiful buildings like the Los Angeles County Courthouse. He dreamed of making a difference through design."

#### 3. Norma Merrick Sklarek:

"Norma Merrick Sklarek was one of the first African American women architects. She worked on huge projects like the U.S. Embassy in Tokyo and the Mall of America."

#### 4. Biblical Builders:

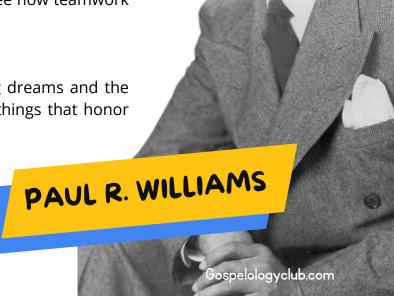
"In the Bible, God asked people to build amazing things, like Noah building the ark and the Israelites building the Tabernacle. These builders trusted God and worked together to make His plans come true."

#### Tie to Lesson:

"Today, we'll become dream builders, working together to build something amazing. Just like Joseph, Daniel, Dr. King, and these famous builders, we'll see how teamwork and faith can make dreams a reality."

# **Opening Prayer:**

"Dear God, thank You for giving us big dreams and the ability to work together. Help us build things that honor You and bless others. Amen."







# 2. Game: Build the Dream (25 Minutes)

#### **Materials Needed:**

Building materials: Blocks, LEGOs, or cardboard boxes.

Dream cards with goals like:

"Build a house for someone in need."

"Create a place where people can gather and worship."

"Build a school for kids to learn."

# **Teacher Script:**

"Now it's time to build! Just like the builders of the pyramids, Paul R. Williams, and Norma Merrick Sklarek, you'll use teamwork to create something special. Each team will get a 'dream card' with a goal. Work together to use your building materials to make something that represents your dream."

# **Step-by-Step Instructions:**

#### 1. Divide Children into Teams:

Create teams of 3–5 kids.
Assign each team a "dream card."

#### 2. Explain the Game:

"Each team will use the materials to build something that matches the dream on your card. You'll have 15 minutes to work together and build your dream. Remember, teamwork is key!"

#### 3. Building Phase (15 Minutes):

Give the kids time to construct their projects. Walk around to encourage collaboration and creativity.

#### 4. Present Creations (10 Minutes):

Each team presents their creation and explains how it represents their dream. Applaud and affirm their efforts.

# 3. Discussion and Reflection (10 Minutes)





# 4. Closing Reflection and Prayer (5 Minutes)

# **Teacher Script:**

"Dream builders, you've learned so much today about teamwork, faith, and building a better future. Remember, just like Joseph, Daniel, and Dr. King, your dreams can change the world when you trust God and work together."

# **Takeaway Thought:**

"Be a dream builder this week. Ask God to help you build something that makes a difference, no matter how small it seems!"

# Prayer:

"Thank You, God, for teaching us about teamwork and dreaming big. Help us follow Your plans, work together, and make a difference in the world. Amen."

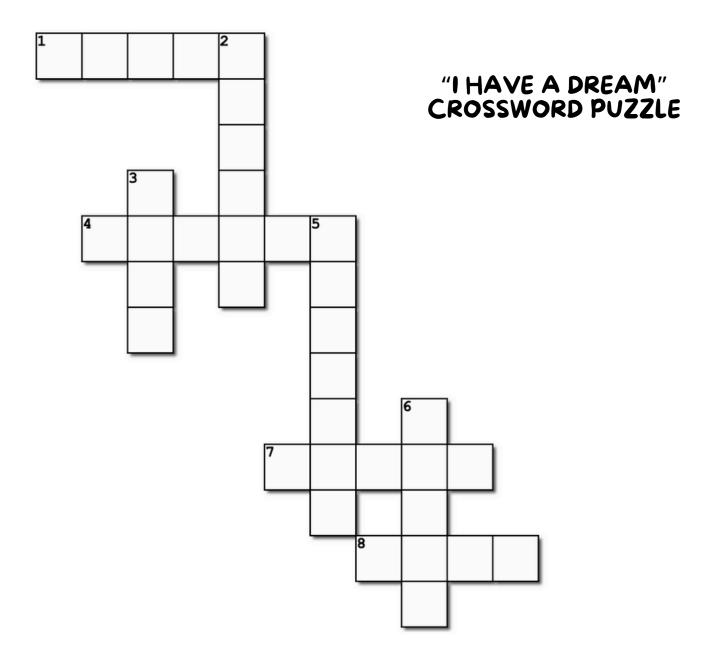




# COLORING PAGE



GOSPELOLOGY



#### Across

- **1.** To create something meaningful, like the pyramids, architecture, or a better future.
- **4.** A biblical figure who interpreted Pharaoh's dream and saved Egypt from famine.
- 7. A vision or goal, often inspired by God, as seen in the stories of Joseph, Daniel, and Dr. Martin Luther King Jr.
- **8.** A symbol of guidance, like the North Star for Harriet Tubman or the stars studied by African American scientists.

#### **Down**

- **2.** prophet who trusted God to reveal and interpret King Nebuchadnezzar's dream.
- **3.** A feeling of expectation and desire for something good, like Dr. King's dream for a better future.
- **5.** The study of past events, including the achievements of Black leaders and biblical figures.
- **6.** Trust in God, demonstrated by Joseph, Daniel, and many historical figures who followed His plans.

Норе	Daniel	History	Faith
Joseph	Star	Dream	Build

